
Mental Health Planning & Advisory Council

Vision
Plan, Advocate, Evaluate

Mission
*To advocate for a system that supports persons
impacted by mental disorders on their journeys
to achieve the highest quality of life possible by
promoting evidence-based, cost-effective,
individualized mental health services.*

Joann Freimund, Chair
3739 Goldcrest Hts. NW
Olympia, WA 98502
(360) 866-1575

Mental Health Planning and Advisory Council
SeaTac Holiday Inn Express Hotel & Suites
19621 International Blvd, SeaTac
March 14, 2007 - 9:30 – 3:30

MINUTES

PRESENT: Joann Freimund, Nanette Baker, Diane Eschenbacher for Cathii Nash, Mike McGuire for Tom Saltrup, Rick Crozier, JoEllen Woodrow, Roger Bauer, Doug Johnson, Becky Bates, Lenora Warden, Cindy Ashley-Nelson, Brett Lawton, Dan Clements, Vanessa Lewis, Russ Hammond, Danny Eng, Joanne Groves, Thressa Alston, Eleanor Owens, Mary Christine, Diana Jaden-Catori

GUESTS: Richard Kellogg, Director, Mental Health Division
Dr. Judy Hall, Division Support, Mental Health Division
Ken Stark, Director, Transformation Grant
Dorothy Trueblood

EXCUSED: Cathii Nash, Annie Conant, Traci Adair, Barb Putnam, Cheri Dolezal, Erin Peterschick, Steve Norsen, Ron McCoy, and BJ Cooper

UNEXCUSED: Michael Haan and Marie Jubie

- I. Introductions of Council members and guests – Joann Freimund, Chair
- II. Council Business
 - A. Review and vote on January 10th and Feb. 14th Council Minutes
Roger motioned to accept the minutes, seconded and Passed Unanimously
 - B. Review Pending Action Items from January 10th meeting. All Completed
See notes on action items
 - C. Review, discuss and vote on 4 new Council members -- Joanne Groves, Mary Christie, Dan Clement, and Russ Hammond.
Roger Bauer moved to accept names the 4 nominated to the Council, seconded, Passed Unanimously
 - D. Matt Solberg has submitted for nomination but no room for consumer on Council
 - E. Cindy will send the final draft of handbook to be distributed.
 - F. The Directors and Social Workers at ESH and WSH have been uninvited due to the April Council meeting, the Council will focus on the budgetary process.
 - G. Minutes from Richard Kellogg 1-24-'07 meeting.

Discussion: MHD complaints/grievance process:

1. Described the history of MHPAC's long time concern of this issue. "Within 60 days, MHD will be developing a comprehensive plan to address the legal, contractual policy, data collection and rules involving complaints and grievances. This plan will identify the current process, identify any gaps and include a plan for addressing those gaps."

ACTION ITEM: Joann will write a letter to Richard reminding he of this commitment to develop a comprehensive complain/grievance process.

H. Richard Kellogg's 2-9-'07 Letter to Joann/Cathii re 10.10 Travel Management Restrictions and 10.70 Boards, Commissions or Committees.

I. Update on Transformation Work Group (TWG) "white space". Ken Stark

1. Background TWG assignment identify strategies on three priorities. 94 strategies, 39 strategies asked for funds, 15 strategies were funded.
2. There was a meeting in Jan after the strategies were reviewed.
3. TWG Feb 23 meeting talked about white space
Refer to the matrix (pages 63-65 of packet)
4. TWG made a recommendation on doing more integration for rules of the road for eligibility. Thirty or so discussions came about in the discussion about white space and were all categorized. Common categories included Consumer Issues, Stigma Reduction, Policy and Finance, Prevention, Integration of Behavioral Health and physical Health, TWG Education, and others.
5. TWG April 27 meeting to review outcome of white space meeting
6. TG is working to get people to build partnerships with each other to implement things a lot more effectively.

JoEllen asked if the Ethic Minority Subcommittee is given notice in the housing arena/transformation grant process.

J. The P/P Subcommittee approved an Ad Hoc subcommittee for Bylaw revision. The co-chairs are Doug Johnson and Cindy Ashley-Nelson.

K. Amy Besel, FBG planner, will be leaving the Mental Health Division.

ACTION ITEM: Eleanor motions that the Council write a letter to Amy thanking her for contribution in her role and how she will be missed. Seconded, Approved.

L. Discussed FBG purpose and process of the federal block grant. Roger Bauer said this is a critical time of history on how these funds are being allocated.
The Councils recommendations get attached to the FBG application and attached to the implementation plan to the Governor which is sent to SAMHSA.

M. Note Minutes from Council Subcommittees

- a. EMAC will be meeting once a month.
- b. Thressa will be taking a 4 month leave of absence (May, June, July, & Aug).
- c. Children's Subcommittee elected two co-chairs

N. Reviewed “thank you” letters to 2-14-'07 Council speakers.

O. Update on Council's Annual Project --RSN/FBG contract

ACTION ITEM: Children, EMAC, ACS, SMS will be reviewing in April meetings, OATS has already done this. OATS suggestion - Certain percentages go to certain populations.

P. Updates on the 2-14-'07 Goals and timelines

1. Collaboration with other councils.
 - a. At the Feb TWG meeting Joanne asked Robin Arnold-Williams about the list of other Councils she said she was going to send her and Robin said she was working on the list.
 - b. Discuss at April Council meeting. MHPAC collaboration with other state agency advisory groups.
2. Resource Issues - April and July timelines;
 - a. Goal: MHPAC to influence legislation and administrative budget priorities upstream.
 - b. In order to focus on guidelines for implementing the suggestions from the DSHS Secretary and the MHD Director

ACTION ITEM: Richard will put together a Power Pt presentation for April meeting.

- c. In prep for timelines Ken Stark will be here at the April meeting to discuss where monies are spent and to focus on the MHD's budget.

Joann: Council takes one or two items from the MHD's budget then advocate those to Robin Arnold-Williams, DSHS Secretary.

Q. Create a Nominating Committee

1. To vote for new Chair and Vice Chair (2 year term) to be voted in, according to bylaws elections are at the Nov meeting, term begins in January.
Council chair can only serve three 2-year terms. Joann can not serve past May. According to state law she is “term limited” out in May. Roger suggested the Council may want to address this issue.
2. Clarify if the Council wants to elect a Chair and Vice Chair (VC) or move Cathii into the Chair
3. Cindy Ashley-Nelson reviewed Bylaws and said the Vice Chair will fulfill the Chair seat so the Council will only need to find a Vice Chair.
Move to establish a nomination committee for the Vice Chair position, seconded,
Passed Unanimously

ACTION ITEM: Cindy, Eleanor, Roger volunteered to be on this nominating committee will give Council a report at April meeting

R. Becky Bates presented the “Meghan Marie Doggett (MMD) Youth

Award”(Children's would have two awards, Ann Russell and this one)

Lenora Warden: Motion that Children's Subcommittee will sponsor the MMD Youth award and the Ann Russell award at the MHPAC Awards meeting in Sept.

14 in favor, 1 opposed. Motion Approved.

- III. Dr. Judy Hall's annual presentation on Performance Indicator
 - A. Joann quoted a portion of the bylaws Article II: Duties regarding fulfilling requirements
 - B. Main purpose for data: Quality improvement within the MH system
 - C. Council made a suggestion for definition of terms.

Performance Indicator book is on the MHD Internet website

<http://www1.dshs.wa.gov/mentalhealth/index.shtml> under Research/Publications.

- D. Dr. Judy Hall's Handouts
 - 1. Public MH System Performance – A snapshot of 2006 (This report is part of our FBG reporting.)
 - 2. Draft Evidence-based practices used by MH providers in WA State Oct 06
NOTE: Both handouts will be in the April Council packet.
- E. Discussion on the drop in penetration rates on Medicaid population by RSN
 - 1. Data shows a slight decrease of clients getting Medicaid services.
Definition of penetration rate: How much services are in the population (who got in for service)
 - 2. Judy stated that about 10-20 % in Medicaid population will get services, but this is only part of the picture, there are more services provided across the state.
 - 3. Transformation Grant's penetration rate has a different formula to see the outcome of services in particular changes.

ACTION ITEM: MHPAC letter to National MHPAC and Ken Stark Transformation Grant –National Advisory Council for SAMSA in penetration reporting use the need for treatment and eligible for treatment as the denominator instead of total Medicaid population as the formula for penetration rates

ACTION ITEM: Have feds look at reducing the number of questions in the MHSIP survey. Does the Council have questions they would like to add in the survey?

ACTION ITEM: Council needs to request a special study to bring up. Suggestion to have a conversation on how to bring up the recommendation.

- IV. Richard Kellogg, Director of Mental Health Division
 - A. System Transformation: Refer to page 10, handout titled, " System Transformation Initiative"
 - B. Tribal use of FGB monies
 - 1. The MHD reinstituted monthly meetings with the tribes. Recently had a long effective meeting on what the sovereign nations want to work on with the MHD.
 - 2. MHD will meet with tribes again in April and May.
 - 3. Largest tribal interest is suicide rate in youths.
 - 4. Acronyms: Indian Health Services (IHS) Federal Qualified Health Center (FQHC)
 - 5. Joann Groves EMAC's concern is to have a clinically trained person on cultural competency on Transformation grant.

- C. Office of Consumer Affair (OCA) position
 - 1. OCA position has been vacant too long. Decision was set to wait.
 - 2. MHD is working with HRSA to get another position number for OCA director position before hiring. Richard is confident he will get the position number and hopefully recruit next week.
 - 3. Decision made that the Family parent advocate (Sandy Gregoire) will not report to the OCA office.
- D. MHD is taking a clinical focus, hiring people with real clinical experience
- E. Doug Johnson discussed Intake evaluation WAC 388-865-0420 (full and partial Intake) WAC which has been adopted This has taken several months to get where we are, made available for everyone to read and be involved, the RSNs are very supportive.
- F. Supported employment.
 - 1. Are we seeing the implementing of skill building where agencies have realized that people can be employed?
 - 2. Order of selection, DD guidelines person has to be the most disabled in order to go the head of the line.
 - 3. Policy HRSA is very supporting in supportive employment, upgrading providers in the community.
 - 4. Timing, a large MHD supported conference coming up no date yet. DVR has a set of federal mandates to abide by for funding.
 - 5. Financing of the system is definitely an issue. It would be a good idea to invite the Director of DVR to a Council meeting. System is not standardized. Does the state want to standardize the system and what would be in the standardization? Looking at DVR as a dollar amount to help this issue is not the way to go, transformation for recovery employment is the way to go.
 - 6. Let the Secretary of DSHS know Council's concerns on supported employment
- G. What else can be expected from the Council? Continued dialogue, relationship continues to be vocalized. Pick a representative to go to the upcoming event.
- V. Overview of Council business:
 - A. Joann suggested write a letter to Ken Stark regarding penetration reporting. Ken said no letter to him is necessary, he will pass on the message he received at today's Council meeting and make this recommendation to the National Advisory Council for SAMSA.
 - B. Decrease the number of questions in the MHSIP survey that SAMSA requires and the Council recommends new questions.
 - 1. Doug says if we make a recommendation to MHSIP we need to learn more about what should be deleted on the survey.
 - 2. Russ pointed out Judy Hall said an analysis was done and the strong indicators were put in the survey.
 - 3. Suggestion to set up an Ad Hoc committee to review this information.

4. This should be a project for Judy's Performance Indicator group that already exists.
 5. Dan: Is this a strong key for an action item for the Council or are there more important things to put our energy on?
 6. Ken Stark: Judy could give up a Power Pt presentation to review the methodology then ask, "Is this methodology the right methodology to focus on?"
- ACTION ITEM: Does the Council agree to invite Judy Hall in Aug to give a PP presentation to review the methodology? Will the Council find this issue regarding the survey questionnaire this important come next Aug?

3:30 ADJOURN

The next MHPAC Meeting will on Wednesday, April 11, 2007 at the SeaTac Holiday Inn Express from 9:30 until 3:30.

Please be sure to make airline travel/hotel arrangements at least two weeks ahead via email to Christina Carter at cartecc@dshs.wa.gov. Thank you for your cooperation.